

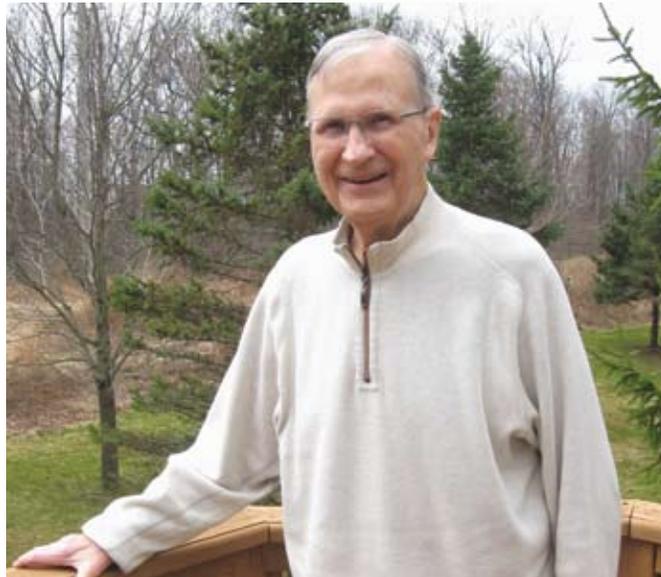
- From the Executive Director's Desk
- Volunteer Spotlight:
Chaplain William Simmons
- Men's Night Out

Hope Founder Dr. Dan

If you were to ask Dr. Dan Heffernan to reflect about his experience founding Hope Clinic and serving there for 33 years, you would hear little about him and much about God. "I really do believe without any question that the Lord started Hope Clinic. I didn't start it," says Dr. Dan. "I just tried to be obedient to what the Lord was saying to me."

In 1982 Dr. Dan and his wife Bev were living in Ann Arbor, and Dr. Dan was a physician in a small family medical practice. During a religious retreat, Dr. Dan felt the Lord call him to make some changes in his life. After praying for clarity of direction, three friends came separately to him and engaged him in conversation. The common theme was the unmet need for medical care among people who were struggling and lacked health insurance. Dr. Dan heard God speak to him through these conversations, he responded, and the seeds of Hope Clinic were planted.

Hope began in 1982 as a Saturday morning walk-in clinic meeting in borrowed space. Dr. Dan saw patients, Bev managed the office, and current staff referral nurse Jenny Rykowski served as the first nurse. Before long Dr. Dan realized he couldn't see all the patients himself, and he invited colleagues to serve with him. Drs.



"Dr. Heffernan is kindness personified. He has always been open to what God was calling him to, and he responded."

– Jenny Rykowski

Hope and attributes it to the presence of the Holy Spirit.

Dave Thorrez and Ellen Gryniewicz, both members of the same medical practice as Dr. Dan, soon began volunteering their professional services at the fledgling clinic. Thirty-three years later, both doctors are still regular clinic volunteers.

If Dr. Dan is not talking about the Lord when considering Hope's history, chances are he's praising the hundreds of volunteers and staff who have served at Hope. He admires their faithful dedication and is delighted when a volunteer says, "Dan, the best three hours of my week are at Hope Clinic." Dr. Dan sees the joy that volunteers experience at

Dr. Dan says he never could have imagined in 1982 the ways that Hope Clinic would grow over the years, adding programs in response to people's needs. He often felt the Lord was asking him to "think bigger," and he tried to be obedient to that call to serve the poor. The goal he established at Hope was to "treat everyone who walks

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"Dr. Dan's humility, faithfulness in prayer, and heartfelt desire to allow our Lord to lead and guide us were an inspiration to all who worked with him at Hope."

– Cathy Robinson, former Hope Executive Director

"Not only a fine physician who deeply cares for every patient, but a model of joyous, genuine discipleship. Dr. Dan serves from the heart, channeling his love of God and God's love for His people."

– Katherine Simpson, former Medical Clinic Coordinator

From the Executive Director's Desk

"And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another – and all the more as you see the Day approaching." Hebrews 10:24-25

In this edition of our newsletter, we highlight two men of faith – our founder Dr. Dan Heffernan and our volunteer chaplain William Simmons. Both men have had a profound impact on me in my relatively short time at Hope, not only in my leadership, but also in my Christian walk.

"...spur one another on toward love and good deeds..."

After hearing many stories from those who have had the opportunity to work with Dr. Dan over the years, I just wish our time at Hope had overlapped longer so I could have learned even more from his leadership. When I do get a few moments to spend with Dr. Dan, I truly cherish my time with him and

am humbled by all he has done for our community. I can honestly say I have never met someone who embodies what 1 Corinthians says about love more than Dr. Dan – patient, kind, not envious, boastful, or proud. As he moves onto the next chapter of his life after retirement from Hope, we will continue to strive to follow the example he set to seek God and care for His beloved poor.

"...encouraging one another..."

There are certain people that simply have the gift of encouragement. One of these people is William Simmons, and we are blessed to have him as our volunteer chaplain. William brings an immeasurable joy to Hope. Within two minutes of being in his presence, you will be smiling, if not laughing, regardless of your mood. William has a heart for people, whether he is praying with our clients, inviting people off the street to join our Sunday fellowship, or helping to lead our men's night activities. His gift of encouragement is truly



making a difference for everybody at Hope.

I am honored and humbled to have both of these men in my life, not only as partners in this ministry, but as role models of service, love, and encouragement.

Matthew Hudson

A handwritten signature in black ink that reads "Matthew L. Hudson". The signature is fluid and cursive, written over a white background.

Executive Director

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Hope Founder Dr. Dan

through our door like we're treating Jesus himself."

At the end of 2013, Dr. Dan stepped down as Hope's medical director, and he retired from Hope's board of directors a year later. His legacy carries on as Hope Clinic continues to be a place where people experience God's love. Because of the willingness of Dr. Dan and Bev to serve as God's instruments in caring for His people, many thousands of people have received help that they desperately needed. It is amazing to see the fruit that has been borne since that response of "Yes, Lord" thirty-three years ago.

The Hope Clinic Newsletter is published by Hope Medical Clinic, Inc. Hope is an interdenominational Christian medical, dental, and social service agency whose goal is to provide compassionate and practical help to those in need, ministering to the whole person. Hope is a 501 (c) (3) nonprofit organization.

The logo for Hope Medical Clinic, featuring the word "HOPE" in large, bold, blue capital letters. The letter "O" is stylized with a white circle containing a yellow sun rising over a blue horizon.

P.O. Box 980311, Ypsilanti, MI 48198-0311
734-484-2989 (phone)
734-484-6825 (fax)
www.thehopeclinic.org
infor@thehopeclinic.org

United Way
of Washtenaw County



Volunteer Needs

Clinicians, Nurse Practitioners, and Physician Assistants are needed for our Ypsilanti and Wayne Medical Clinics. Volunteers provide vital services for our patients in the clinics on weekdays and Saturdays. Opportunities are available for 4-hour blocks on a weekly, biweekly, or monthly basis.

Prayer Ministers: We are seeking warm and friendly people to pray with our patients and clients who request prayer when they receive services at Hope Clinic.

Prayer Warriors: Hope collects prayer requests from our clients and patients, and we need volunteers willing to intercede regularly for those intentions. The commitment can be as simple as praying in your own home, or perhaps organizing a larger group to pray regularly for Hope and the needs of our clients. All we need is an email address to send out lists periodically.

Special Events: We are looking for help with Hope's upcoming events, especially volunteers with decorating, marketing, organizing, or auction set-up experience. People are needed both to help at events as well as to serve on organizing committees to generate fun ideas, plan events, and help solicit financial support for events.

Yard Work: The Hope Wayne Clinic needs some outside help, including picking up leaves and twigs and sprucing up the grounds after the long winter. The Wayne Clinic would also welcome a donation of landscaping lava rocks.

If you are interested in volunteering in one of these capacities or would like to know about other volunteer opportunities at Hope, please contact **Connie Hallom** at **734-961-0548** or **challom@thehopeclinic.org**

National Volunteer Week

April 12-18, 2015

National Volunteer Week began in 1974 as a way to honor and encourage volunteer service across the United States. Every year in April, organizations across the country join in celebrating the dedication of the millions of volunteers who give of their time and talents to serve others. Hope is honored to celebrate the hundreds of volunteers who make sure those in need in our community are served. Thousands of medical and dental visits are accomplished because of volunteers. Tons of fruits, vegetables, and non-perishables are given away because of volunteers. Without your service many of your neighbors would be without hope. Hope Clinic would like to give a heartfelt thank-you to all the volunteers who have faithfully served with us.

"God is not unjust; he will not forget your work and the love you have shown him as you have helped his people and continue to help them." Hebrews 6:10

Men's Night Out



Hope hosted our third Men's Night event on March 27. The evening offers a chance for men to come together for food, fellowship, and encouragement. The 55 men in attendance played a trivia game, exchanged stories, and heard a short inspirational message from Lloyd Wafer of Mt. Olive Baptist Church. Thank you to the many people who donated baked goods and to the volunteers from Harvest Mission Church who cooked, served, and cleaned up after the meal and also donated gift baskets and homemade Easter cards. We are excited about the community we are building among the men who are coming to us, and we look forward to sharing God's love during future Men's Nights.

William Simmons makes the rounds at a recent Men's Night



Volunteer Spotlight: Chaplain William Simmons

Hope's volunteer chaplain William Simmons has been a regular presence at Hope Clinic since January of 2014. William is sometimes at Hope nearly every day of the week—Tuesday mornings and some Thursdays serving at Hope's satellite Wayne Clinic, other weekdays coming to Hope Center in Ypsilanti, Saturday mornings comforting Medical Clinic patients who need prayer, and then helping with the Hope Fellowship on Sunday evenings. He's actively involved with Hope's Men's Nights and is planning on starting a men's devotion group later this spring.

Helping and supporting other people is something that comes easily to William. He worked for General Motors as an employee assistant representative,

helping to connect employees in need of childcare or eldercare assistance or substance abuse programs with the appropriate resources. William also served as a volunteer chaplain with GM and the UAW.

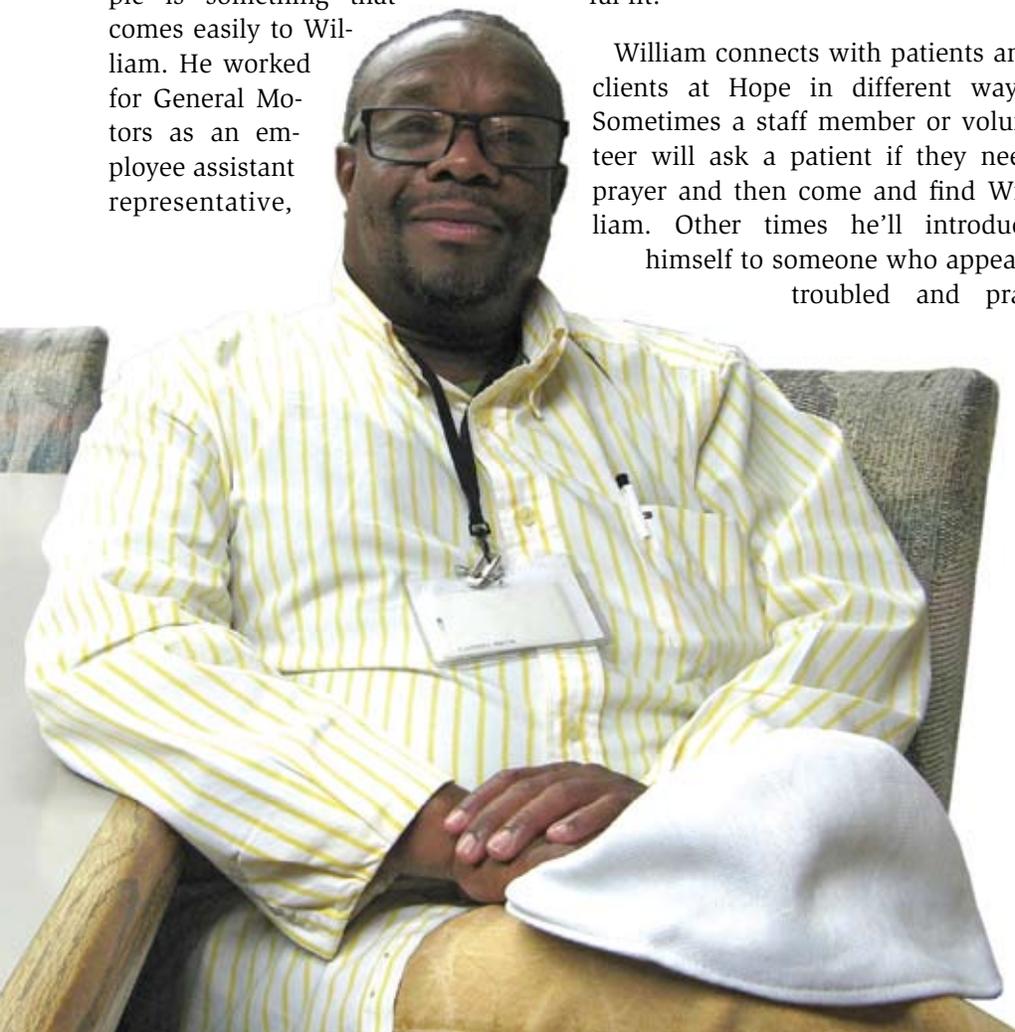
After retiring from GM and "doing nothing" for two and a half years, William knew it was time to share his compassion with other people again. William was familiar with Hope through working on collection drives and occasionally volunteering in the social work department. Since Hope Clinic had wanted to have a regular chaplain on site, William's desire to volunteer in this capacity was a natural fit.

William connects with patients and clients at Hope in different ways. Sometimes a staff member or volunteer will ask a patient if they need prayer and then come and find William. Other times he'll introduce himself to someone who appears troubled and pray

with that person in the Hope lobby, chapel, or wherever else they're comfortable. Hope's Associate Director Jean Horak observes that "when Chaplain William prays for you, his faith is so infectious. His presence at Hope has greatly blessed and encouraged many of our clients, staff, and volunteers."

William was born and raised in Ypsilanti and currently lives in Belleville. He's active in his church, Bethlehem Temple of Praise in Wayne. William is involved with several other community activities, including serving as a youth mentor and helping with the Parkridge Community Center summer festival. We're grateful that Chaplain William chooses to spend much of his time at Hope. As Wayne Clinic Coordinator Ann Marie Peterson says, "Patients sometimes put up barriers to avoid conversation. William gets through it all. He sneaks up on you in a good way. His kindness and open heart have a way of knocking down walls and opening others to his words and prayers."

William makes it a point to remain humble in his prayer ministry. He feels privileged to pray with people and see the Lord honor their prayers. In turn he receives the appreciation and love of many grateful patients and clients. "To God be the glory," he says. "I want to make sure that I'm behind the cross—that's the only way this ministry is going to work."



Thank You To:

Many thanks to the following churches, schools, and other organizations that volunteered at Hope and/or made donations of food and other items:

242 Church
Altarum
Ann Arbor Christian Reformed Church
Ann Arbor Christian School
Ann Arbor Preparatory High School
Baha'is of Pittsfield Township
Belleville Church of God
Bethesda Church
Canton Friendship Church
Ekklesia Fellowship Ministries
First Presbyterian Church, Ypsilanti
First United Methodist Church, Ypsilanti
Grace Church, Canton
Hope Church, Ann Arbor
Huron Valley District Laymen
Immanuel Baptist Church
Jack and Jill Club
Knights of Columbus Council 13360
Knox Presbyterian Church
Lincoln Community United Methodist Church
Living Water Community Church
MD Bagel Fragel
Oncology Nursing Society, Ann Arbor Chapter
Panera Bread
Scio Community Church
St. Andrew Catholic Church, Saline
St. Francis of Assisi Church
St. Luke Lutheran Church
St. Thomas School, 2nd grade
St. Thomas the Apostle Church Blanket Ladies
St. Thomas the Apostle Church Respect Life Committee
TOPS 1560
Trinity Lutheran Church
University of Michigan Dept. of Internal Medicine
University of Michigan Health System
Washtenaw Mutual Investment Club
Westminster Presbyterian Church
Zingerman's Bakehouse
Zion Lutheran Church

Special Thanks To:

All of the volunteers who provided donations or hands-on help for the children's Easter program, including **Sherry Boyd, Shemia Cain, Wanda Hall, Shanika Johnson, Trudy Lay, Becky Lewis, Dawn Massie, Virginia Murphy, Ellen Nesmith, Kelsey Otto, Jewdi Reed, Ophelia Schoen, Cierra Slater, Myah Tinsley, and James Wright.**

Ann Arbor Area Transportation Authority for a donation of bus tokens.



Ann Arbor Professional Pharmacy for a donation of a glucagon emergency kit for the Ypsilanti Medical Clinic.

Hegira Programs, Inc., a private non-profit organization that offers specialized mental health and substance abuse treatment programs. Hegira was awarded a Flinn Foundation grant to fund a substance abuse and depression screening program that they are running in partnership with Hope Clinic. A full-time case manager and peer counselor is sharing time among Hope's dental clinic and both medical clinic locations, allowing for patient follow-up as needed.

Henry Schein Cares Foundation for their first shipment of medical and dental supplies that Hope received as part of their Global Product Donation program.



Henry Schein, Inc. for their donation of Dentrax dental software for our dental clinic.



Perrigo Company Charitable Foundation for their donation of a variety of over-the-counter medications for the Hope pharmacy.



Thank you to the following organizations for their financial support:

- **Bethlehem United Church of Christ** and **Zion Lutheran Church** for grants to support the Dental Clinic
- **First Congregational Church** for a grant to provide prescription medications and supplies for the Ypsilanti Medical Clinic
- **Michigan State Medical Society Foundation** for a grant to provide computers and printers for the Ypsilanti and Wayne Medical Clinics



Attention All Grocery Shoppers

Kroger and Hiller's Markets both offer community rewards programs that benefit Hope. You may enroll in either or both programs at any time. If you have already been part of the Kroger program, it's time to re-designate Hope Clinic as the organization you wish to support. For details on these programs, please visit the Hope web site at www.thehopeclinic.org and click on one of the Community Rewards links on the right-hand side.





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Thursday, June 11, 2015

A Special Evening to Honor Dr. Dan and Bev Heffernan



After more than 33 years Dr. Dan Heffernan, founder of Hope Medical Clinic, officially retired this past December. Over the years Hope has touched tens of thousands of people who had nowhere else to turn. All those lives – changed for the better because of the vision and leadership of Dr. Dan and his wife Bev. Please join us as we honor them and their lives of service. You can register online at www.thehopeclinic.org or contact Jean Horak, 734-223-8215 or jhorak@thehopeclinic.org. We hope to see you there!

We are also creating a keepsake hardcover book of letters, photos and memories to present to Dr. Dan and Bev. We invite you create a letter to be included in this book. Please: Hand-write on stationery. Use black ink if possible. Share memories, thank them, tell funny stories, etc. Sign and print your full name at the end of the letter. If possible, include a photo, either historic or current, to include in the book.

Mail letters to Hope Clinic, attention Jean Horak. **Letters are due May 8.** It will mean a great deal to Dr. Dan and Bev to have your memories included.

"They are like a tree planted by streams of water, which yields its fruit in season and whose leaf doesn't wither—whatever they do prospers." Psalm 1:3